

ADVERSE CHILDHOOD EXPERIENCES

The Most Powerful Determinate of the Public's Health

Abuse and Neglect

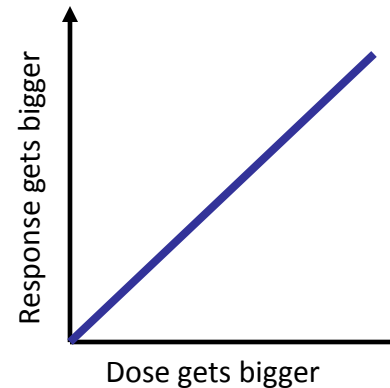
1. Child physical abuse
2. Child sexual abuse
3. Child emotional abuse
4. Neglect
5. Witnessing domestic violence against the mother

Indicators of Family Dysfunction

6. Mentally ill, depressed or suicidal person in the home
7. Drug addicted or alcoholic family member
8. Parental discord – indicated by divorce, separation, abandonment
9. Incarceration of any family member

EPIDEMIOLOGIC STUDY
OVER 17,000 PEOPLE IN ORIGINAL STUDY
WA FIRST IN NATION

A CLASSIC CAUSAL RELATIONSHIP
MORE ACEs = MORE HEALTH PROBLEMS



Dose-response is a direct measure of cause & effect. In this case:

The “response” —

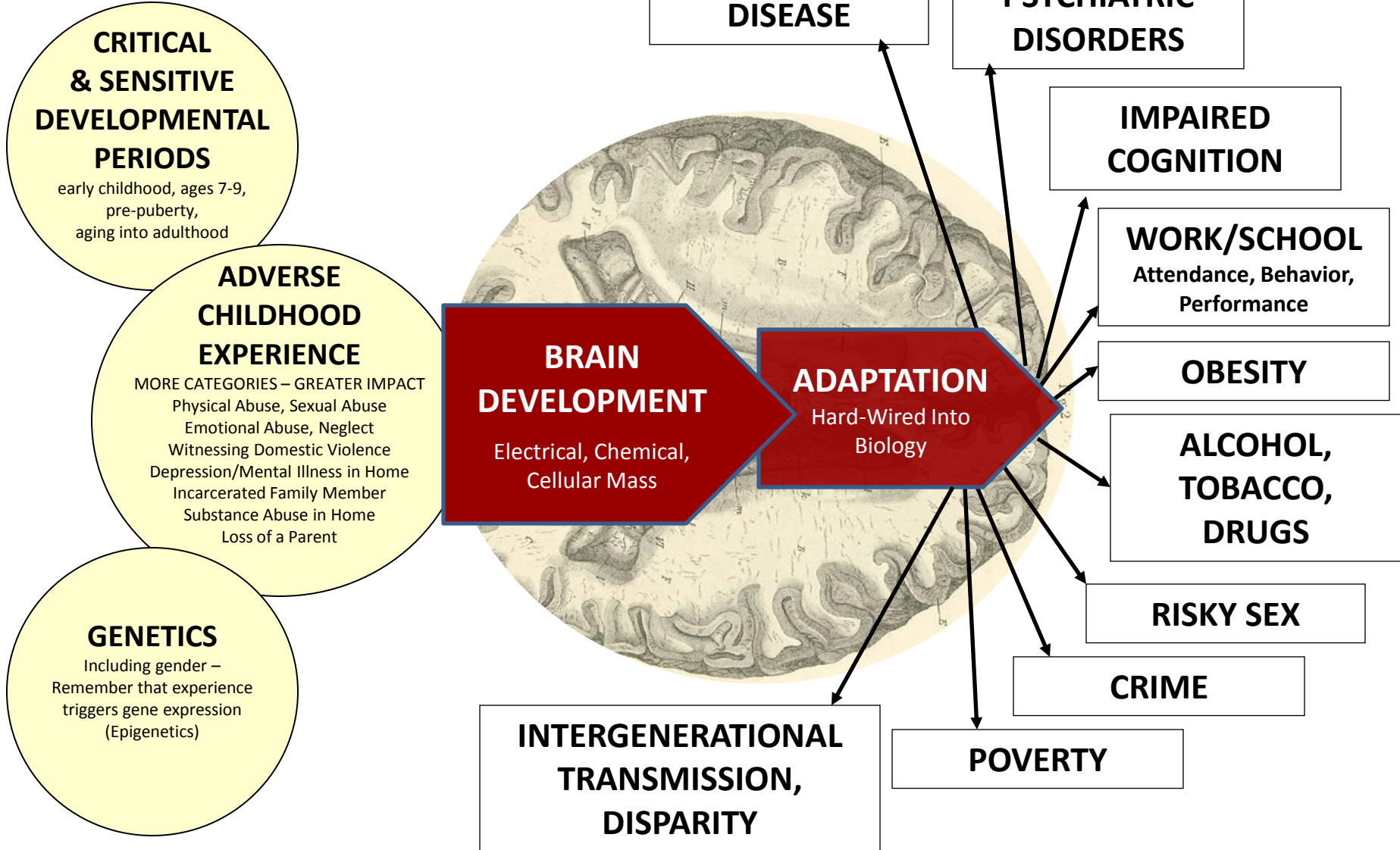
The occurrence of the health condition is caused directly by the size of

The “dose” —

The number of ACEs.

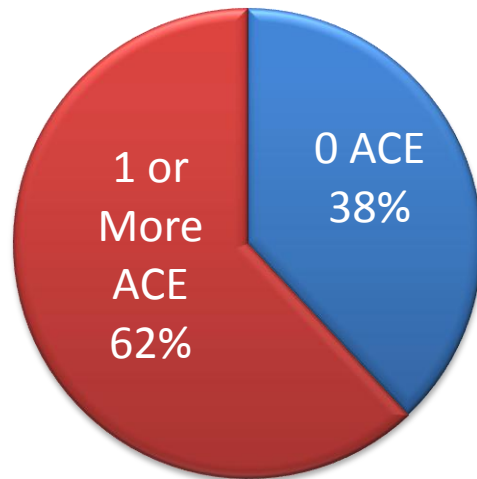
ACE Score: the number of categories of adverse childhood experience to which a person was exposed.

ACEs HAVE MANY IMPACTS THROUGHOUT THE LIFESPAN



IN THE LIVES OF WASHINGTONIANS:

ACEs ARE COMMON



ACEs CO-OCCUR / CLUSTER

26% of adults report 3 or more ACEs

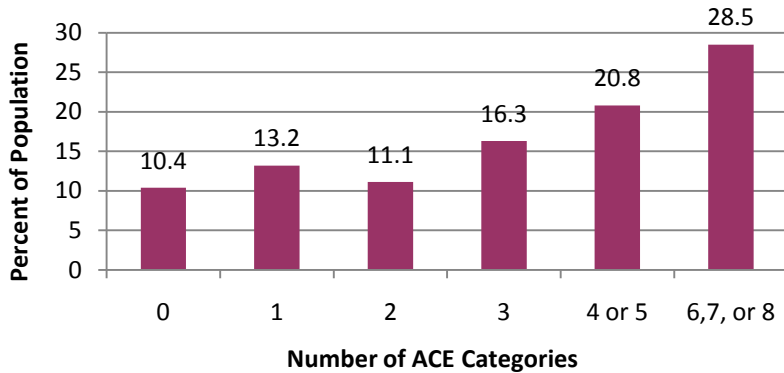
5% of adults have 6 or more ACEs

Among adults exposed to physical abuse,
84% reported at least 2 more ACEs

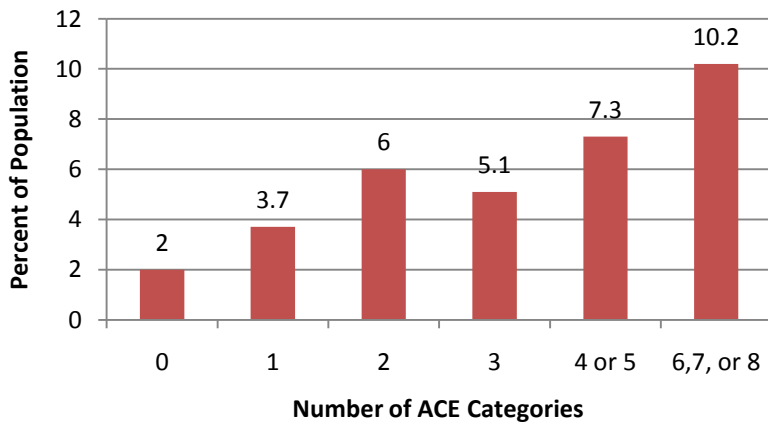
Among adults exposed to sexual abuse,
72% reported at least 2 more ACEs

BEHAVIORAL HEALTH

Current Smoking

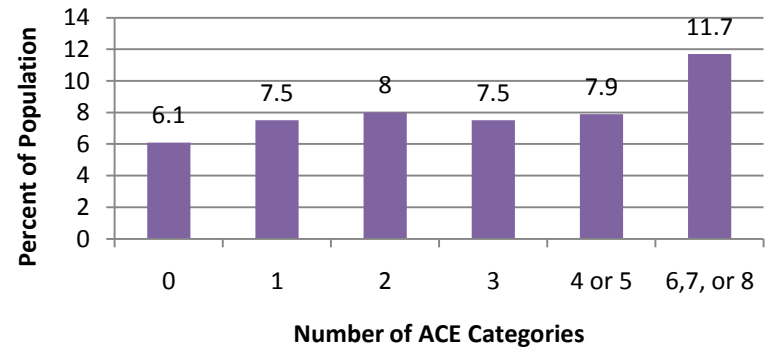


Risk for HIV

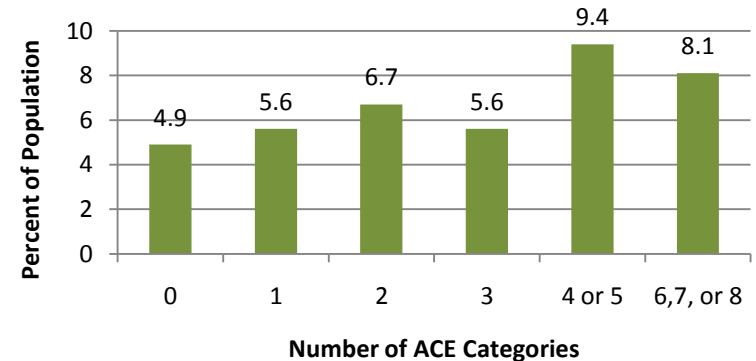


CHRONIC DISEASE

Diabetes

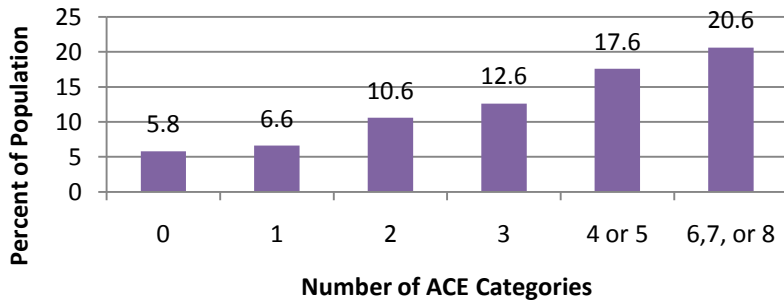


Cardio Vascular Disease

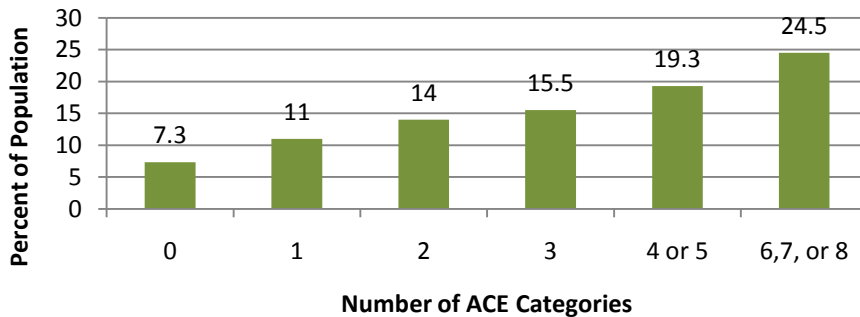


MENTAL HEALTH

≥14 of 30 Unhealthy Mental Health Days

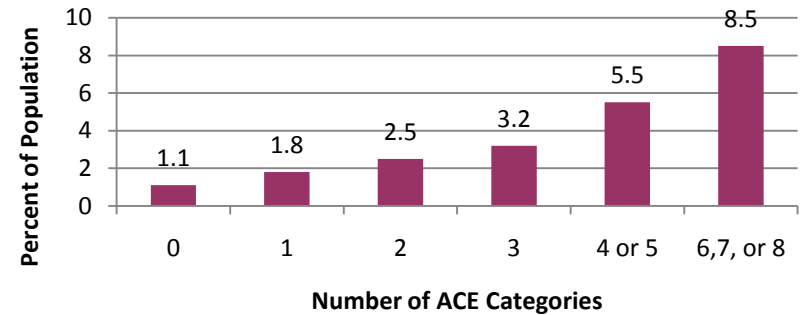


Treatment for Mental Health Condition

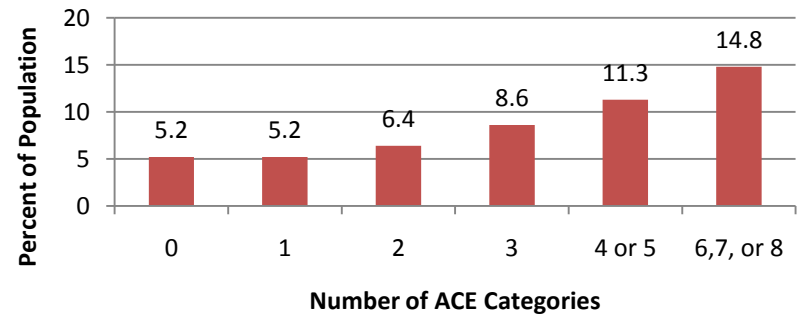


DISABILITY

Missed Work ≥ 14 of 30 Days Due to Mental Health



Health Problems Require Special Equipment

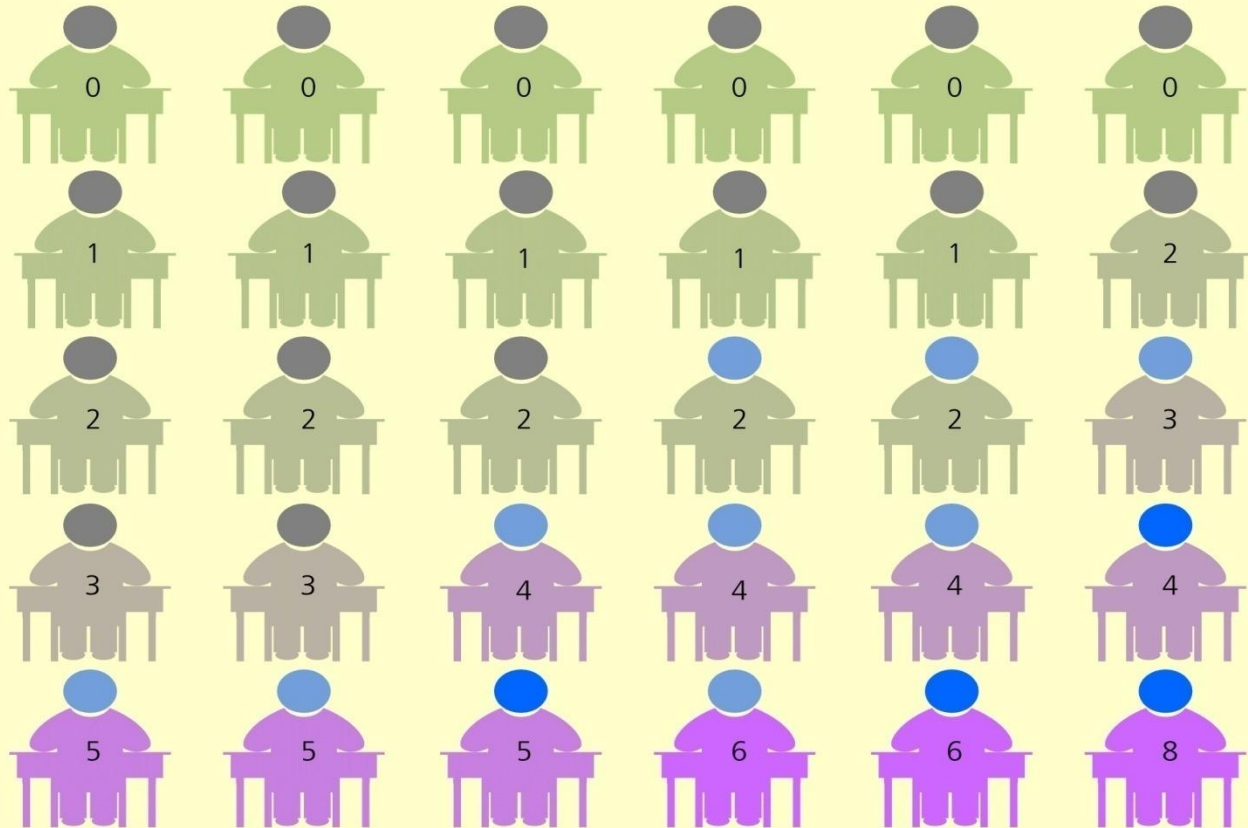


Washington School Classroom (30 Students) Adverse Childhood Experiences (ACEs)

- 6 students with no ACE
- 5 students with 1 ACE
- 6 students with 2 ACEs
- 3 students with 3 ACEs
- 7 students with 4 or 5 ACEs
- 3 students with 6 or more ACEs

58% (17) students with no exposure to physical abuse or adult to adult violence
 29% (9) of students exposed to physical abuse or adult to adult violence
 13% (4) of students exposed to physical abuse and adult to adult violence

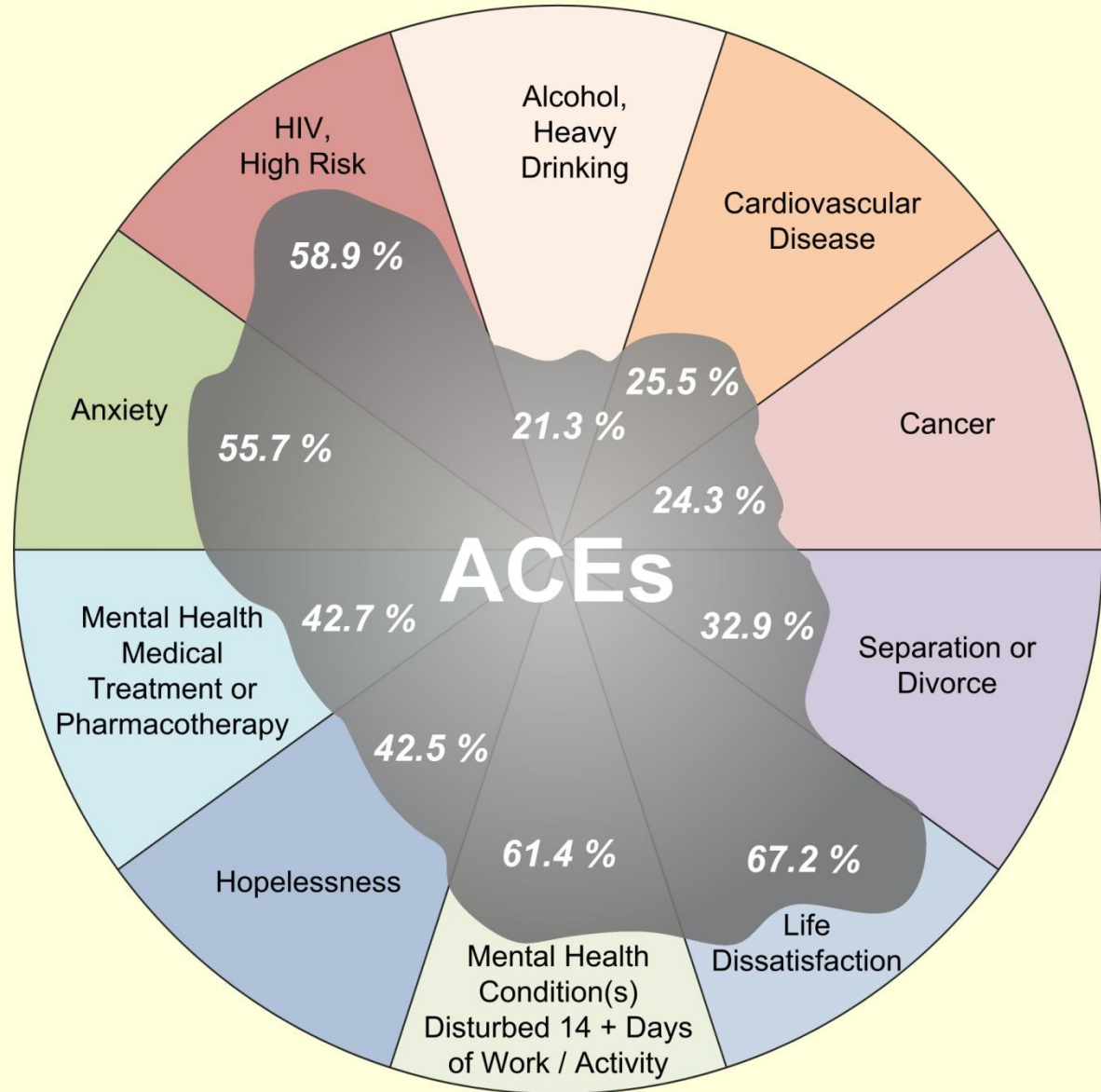
Population
 Average



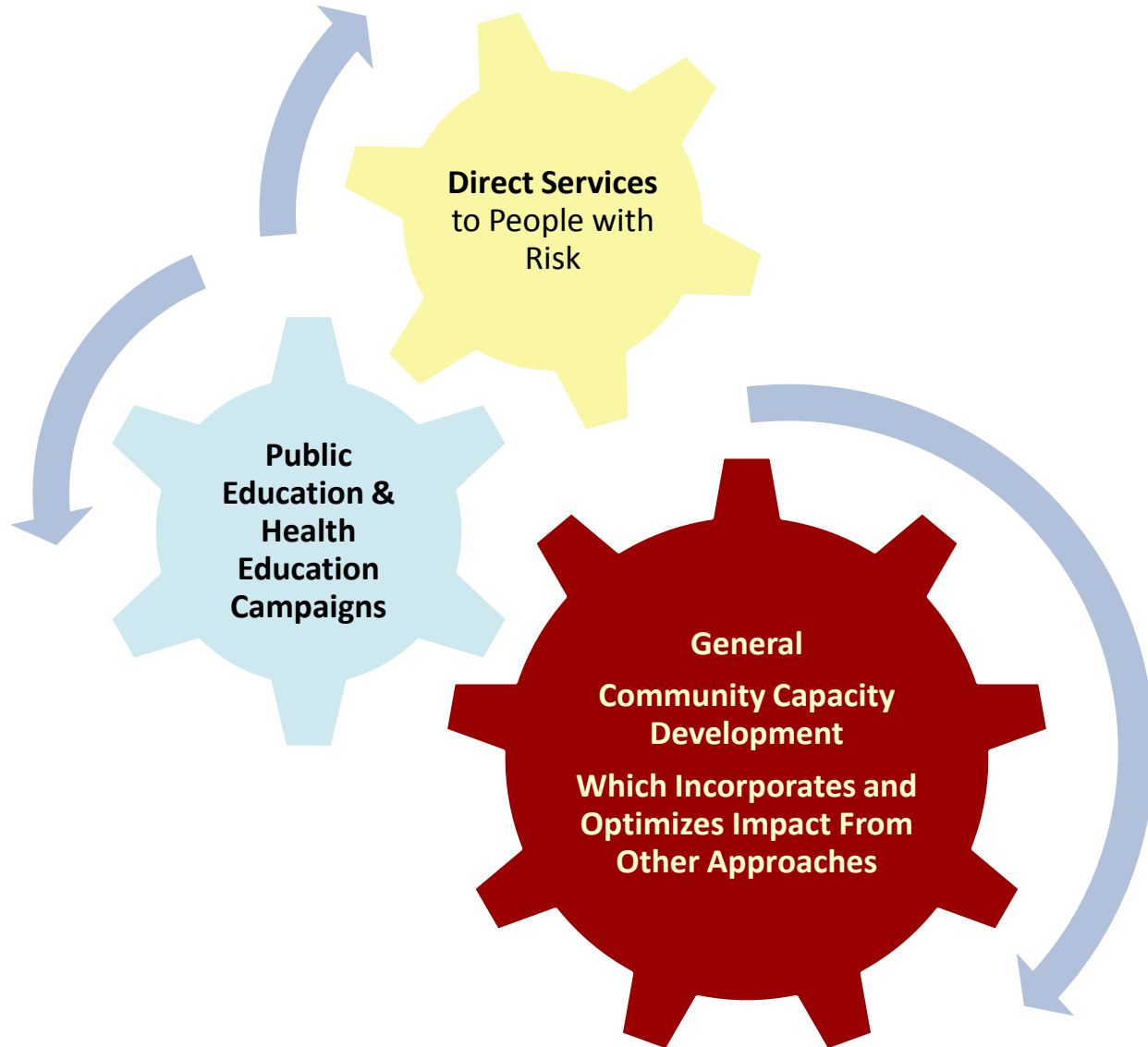
POPULATION ATTRIBUTABLE RISK

A large portion of many health, safety and prosperity conditions is attributable to Adverse Childhood Experience.

ACE reduction reliably predicts a decrease in all of these conditions simultaneously.



THREE APPROACHES TO IMPROVING RESULTS

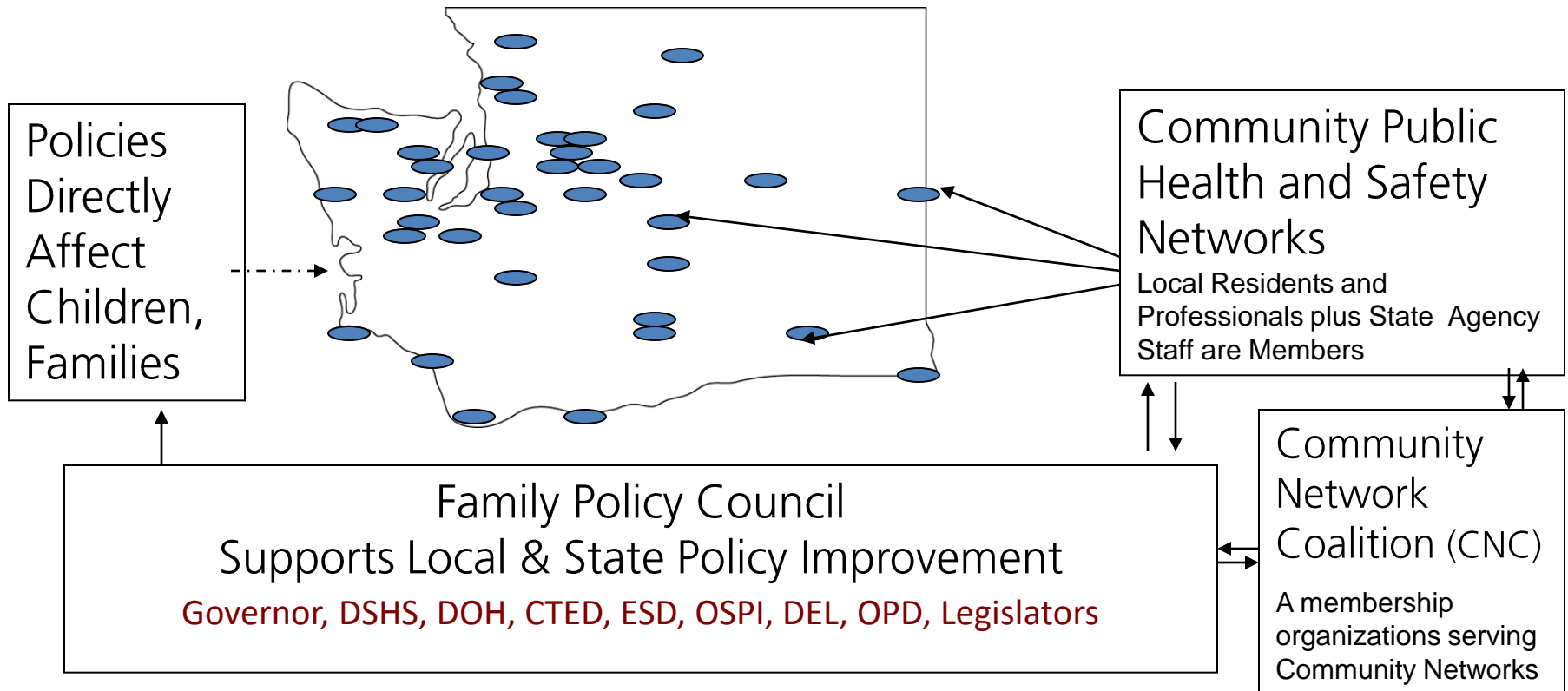


FAMILY POLICY COUNCIL

A Family, Community, State Partnership

Uses General Community Capacity Development to Increase Collective Impact

State and Local Collaborative Councils Structure the Partnership



FAMILY POLICY COUNCIL UNITES & BUILDS KEY SYSTEMS FOR RESILIENCE



COMMUNITY,
CULTURE,
SPIRITUALITY

ATTACHMENT
& BELONGING

CAPABILITY

COMMUNITY CAPACITY INDEX MEASURES AN IMPORTANT RESILIENCE SYSTEM

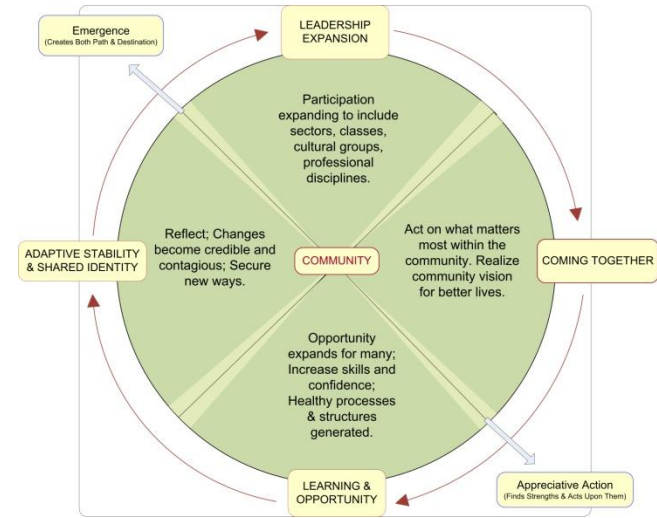
- Family Policy Council Community Capacity Development Index Provides a Decade of Promising Evidence

COMMUNITY,
 CULTURE,
 SPIRITUALITY



ATTACHMENT
 & BELONGING

CAPABILITY



Index Captures Four Dimensions

LEADERSHIP

6 Indicators

FOCUS FOR STRATEGIC IMPACT

4 Indicators

LEARNING & OPPORTUNITY

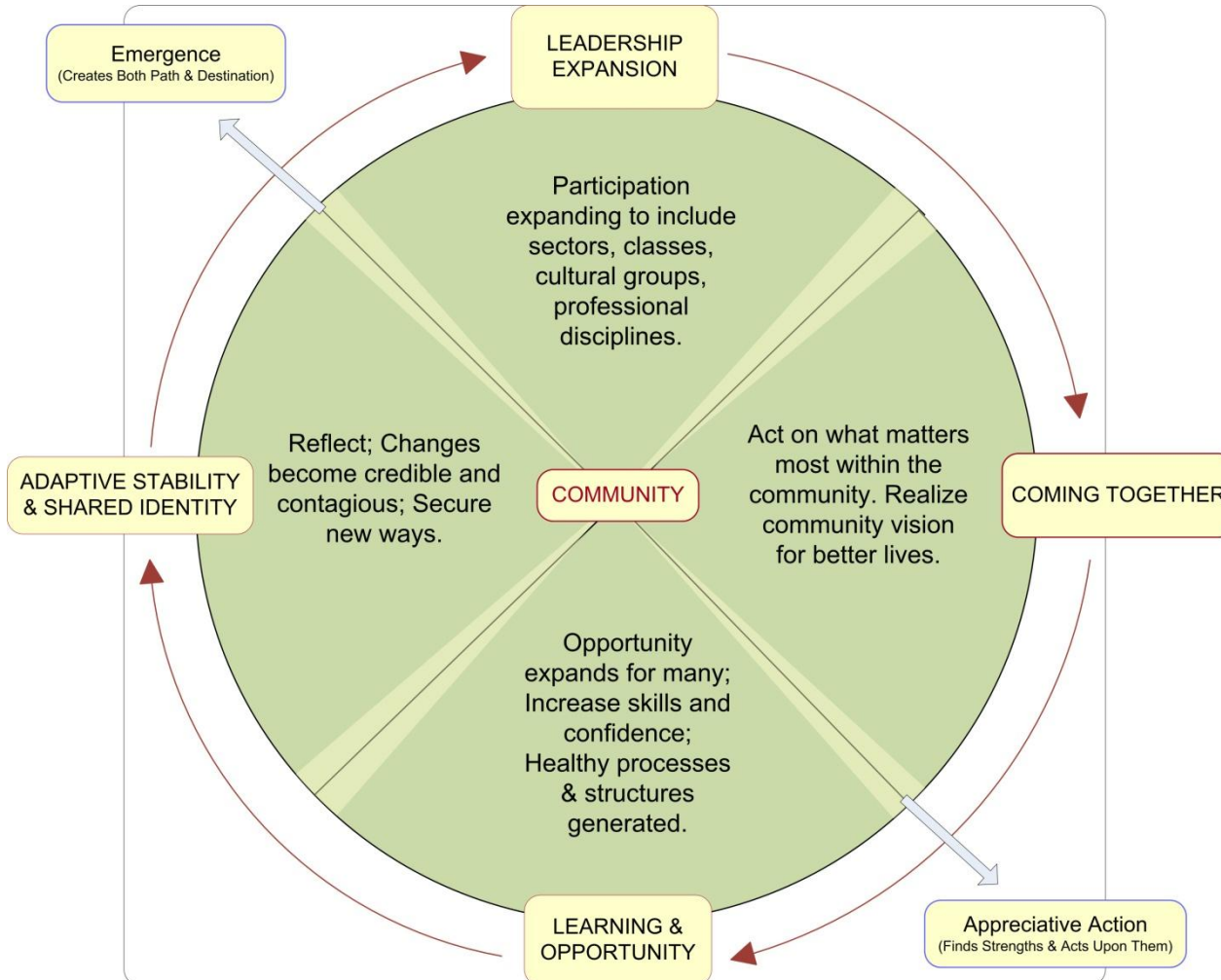
2 Indicators

RESULTS

3 Indicators

FAMILY POLICY COUNCIL

GENERAL COMMUNITY CAPACITY DEVELOPMENT MODEL

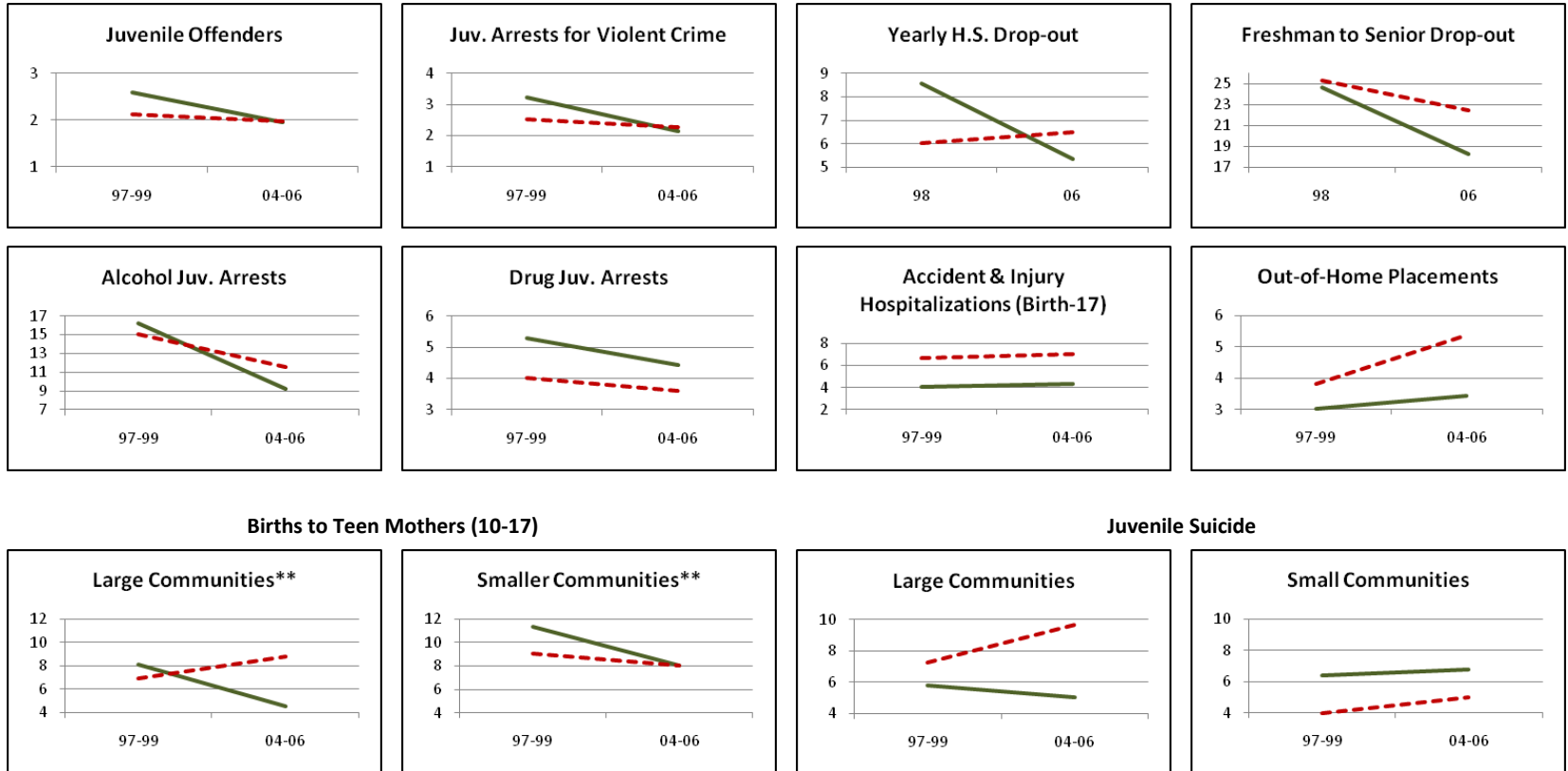


General Community Capacity Development is a public health approach to solving interrelated problems by improving:

1. Peoples' connections
2. Shared responsibility
3. Collective impact of their efforts.

This model is powerful because success in one phase propels success in the next. It is a virtuous cycle that has the power to improve population health.

PROBLEM RATES ARE REDUCED WHERE THE MODEL IS IN USE



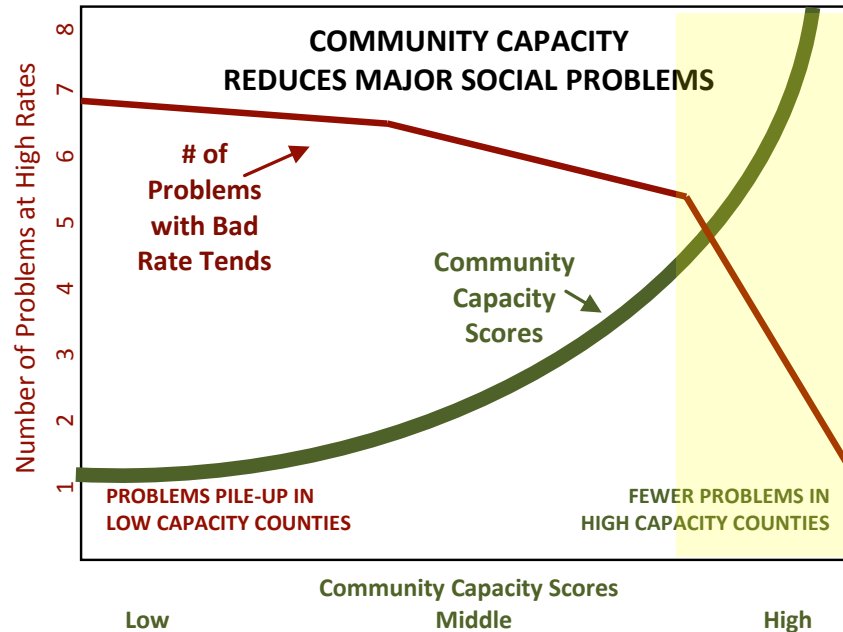
Rate Reduction of Youth & Family Problems 1997-2006 Family Policy Council Funded vs Unfunded Counties

HIGH COMMUNITY CAPACITY SCORES HIGHLY CORRELATED WITH RATE REDUCTIONS IN MANY SOCIAL PROBLEM

Problems Pile-Up in Low Capacity Communities

Problems with Bad
 Rate Trends
 1998-2006:

- Child Abuse & Neglect
- Domestic Violence
- Youth Violence
- Youth Substance Abuse
- Youth Suicide
- Teen Pregnancy & STDs
- Dropping Out of School

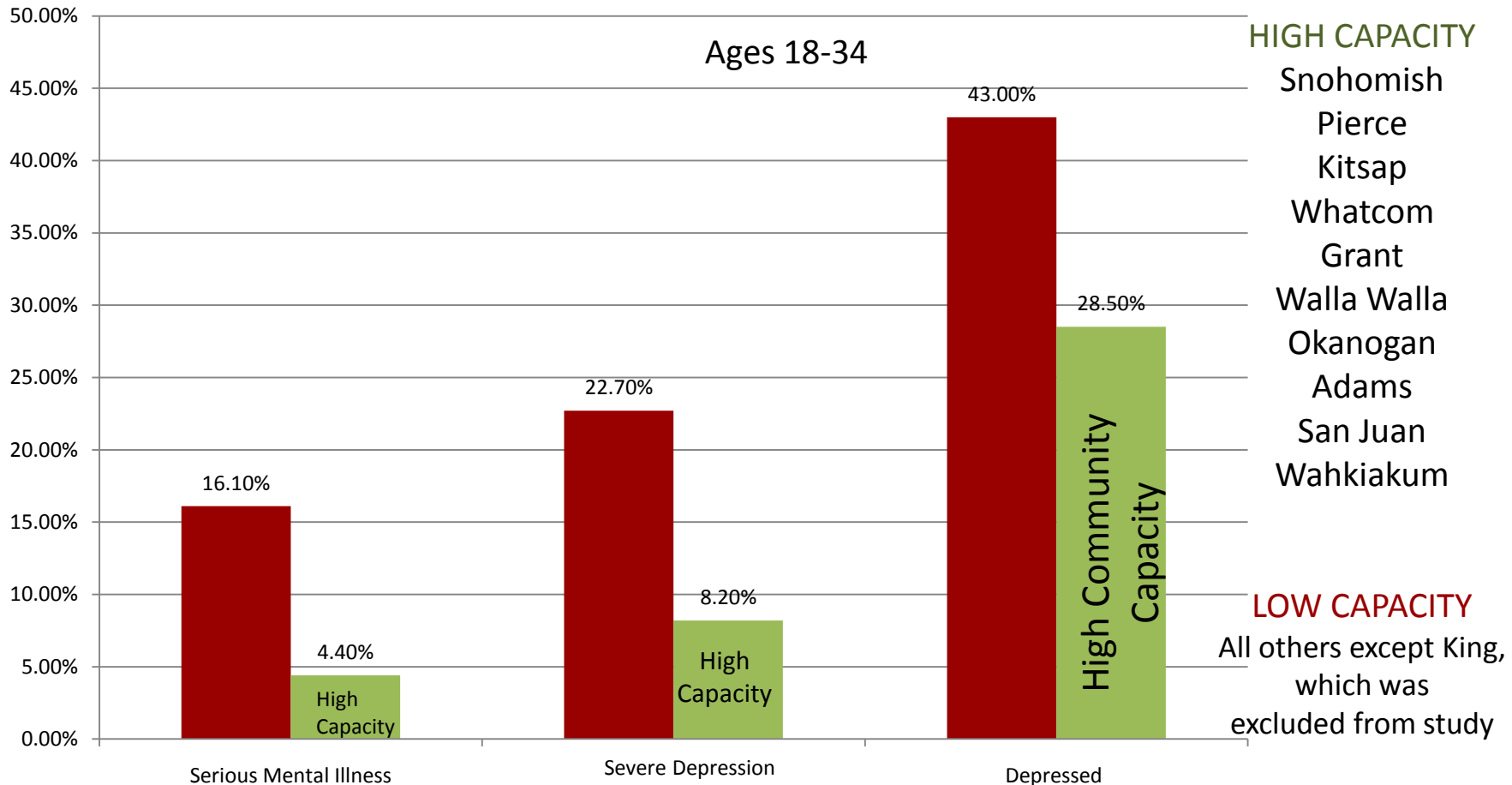


Problems Plummet in High Capacity Communities

Success builds on
 success, making
 community health and
 well-being
 sustainable.

The Community Capacity Development process is iterative, sets the course for reaching a community capacity tipping point where multiple rates come down simultaneously

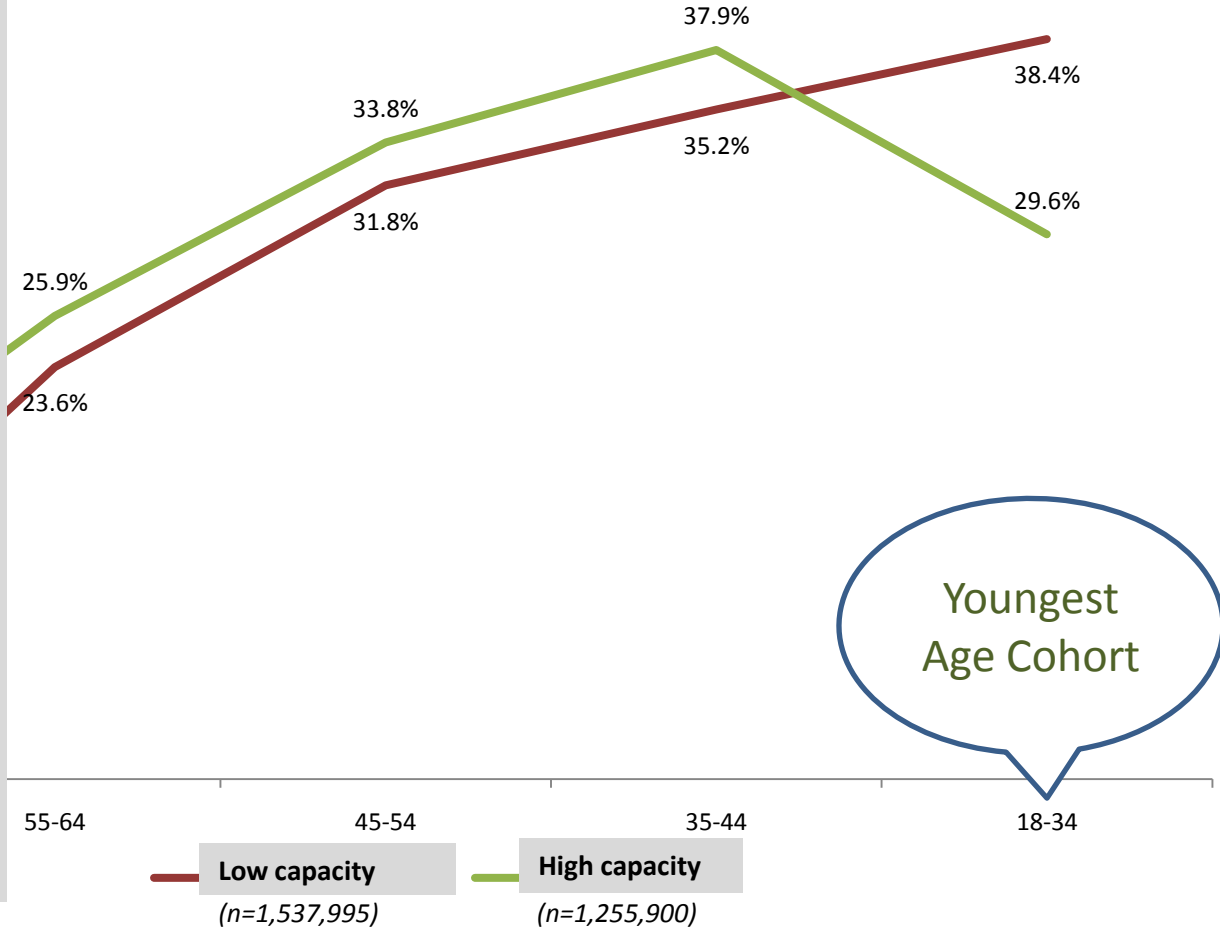
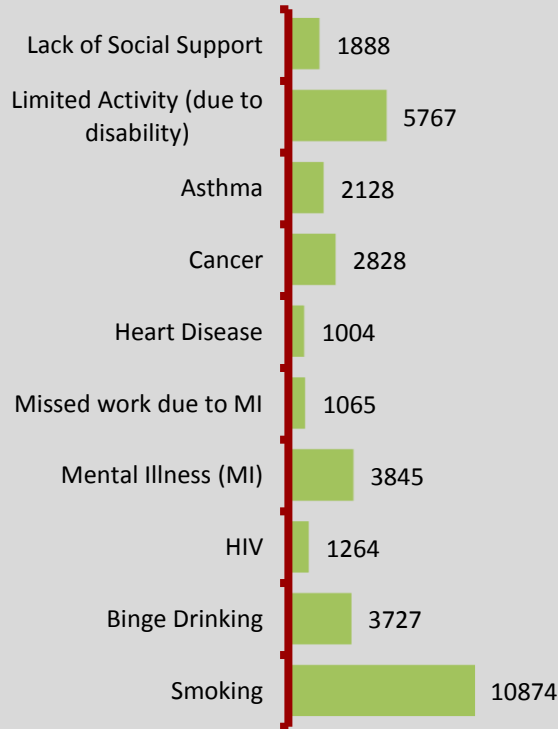
HIGH CAPACITY COMMUNITIES REDUCE DEPRESSION & SERIOUS PERSISTENT MENTAL ILLNESS AMONG YOUNG ADULTS WITH 3-8 ACES



Significant differences after controlling for age, education, income, race/ethnicity, and ACE score.

HIGH CAPACITY COMMUNITIES REDUCE PERCENT OF YOUNG ADULTS WITH ≥ 3 ACEs

POSITIVE ACE TREND MEANS REDUCED CASES:



ACE REDUCTION IS A WINNABLE ISSUE